



The Huber host family warmly welcomes you to the Bel Vért in the heart of the magnificent Dolomites. With its friendly hospitality and convivial atmosphere our house provides the perfect setting for a memorable holiday.

## General information



Hotel Bel Vert Password: **belvert2020**



Breakfast: from 7.30 a.m. to 10 a.m.



The house bar: is open until 10 p.m.



Please settle your account on the evening before your departure.



Check-out time is at 10 a.m.



we serve speck (cured bacon) and cheese platters in the house until 8.30 p.m. Further we are happy to make reservations in restaurants or to provide you with interesting dining tips.



Our e-mail address: **info@belvert.it**



Our telephone number: +39 0471 795514

Reception	400
In house bar	403
Night emergency call in the house	404
Outside line	0
Ambulance emergency call	0 112
Room to room calls	1 to 4 : dial 10 + room nr. 20 to 29 : dial 2 + room nr. 30 to 39 : dial 3 + room nr.





## Sustainability is close to our hearts



**Products:** We source our food and drinks from South Tyrol as far as possible.



**Water:** Not wasting water is important to us. We thank you very much for your contribution.



**Heating:** We heat CO<sub>2</sub> neutrally with wood pellets from South Tyrol.



**Energy:** In order to keep the ecological footprint as small as possible, we ask you to switch off lights that are not needed and to reduce the room temperature to a healthy level.



**Mobilcard:** The favorable transport connections enable our guests to leave their cars behind and make any day trip on foot or by public transport.



**Hiking poles:** can be borrowed for free at the reception desk.



**Smoking:** Thank you for not smoking in our house and in the guest rooms.



**Towels:** If you wish to have your towels changed, please place them in the sink.



**Slippers:** You are welcome to take bathing shoes home with you.



We are a  Val Gardena **ACTIVE** partner

A vacation in Val Gardena always means enjoying, experiencing, discovering pure nature to its full.

This weekly program is designed to give you an overview of what you can find in the stunning Selva Gardena area during the summer and winter. We would be glad to create an individual program for you in order to enjoy a perfect vacation

All the events and activities are **for free or for a reduced price** (except children's programs).

For further information please ask by the reception or go to [www.valgardena-active.com](http://www.valgardena-active.com).

Registration within 6.00 p.m. of the previous day!

## Follow us on social media:



@hotelbelvert



Garni-Hotel Bel Vert





## Moments of rest and relaxation

You can relax in our Finnish or bio sauna, the steam bath, Kneipp foot whirlpool and the theme showers.

In the spacious relaxation room you can enjoy the marvellous view of the Stevia Group.

### The sauna is open:

**Winter:** daily from 4 p.m. to 7 p.m.

**Summer:** on request from 4 p.m. to 7 p.m.

### Sauna regulations:

**Clean and dry:** take a full shower before your visit to the sauna and dry yourself well! If there is still water on your skin, you will take longer to sweat. In fact, sweating is vital to the body to endure the heat of the sauna.

**No sweat onto the wood:** even though heat kills germs and bacteria and the Finnish sauna is also hot enough to do so, it is part of the sauna regulation that your skin must not touch the wood. Even if you place your feet on the bench below, you are asked to use a towel. Those who leave sweat stains on the benches are not considered pleasant sauna guests.

**Silence please:** except for a short "Hello" and "Can I sit here?" you should refrain from speaking in the sauna, because it both disturbs the others and prevents your body from relaxing fully.

**Leave sandals outside the door:** generally shower sandals are worn in the sauna area, because your feet should not cool off. However, they must not be worn in the sweat rooms. Since there is a dim light inside, somebody could easily stumble over them, therefore it is strongly recommended to leave them outside.

**Children:** from 14 years

There are some don'ts in the sauna that novices are usually not aware of. For instance, you should never visit the sauna in your bathing costume (naked area) and sandals. Further, a stressful behaviour and few or no relaxation breaks at all will have a negative impact on the sauna visit. Moreover, excessive movement or even workouts in the corridors are unfavourable.